

# FIGHT UNIVERSE MMA

## Weekly Class Schedule

| Day       | Class                | Time               |
|-----------|----------------------|--------------------|
| Monday    | BJJ Kids (4-7 years) | 6:00 PM - 6:30 PM  |
| Monday    | BJJ Kids (8-13)      | 6:30 PM - 7:15 PM  |
| Monday    | BJJ                  | 7:15 PM - 8:30 PM  |
| Monday    | MMA                  | 8:30 PM - 10:00 PM |
| Tuesday   | MMA                  | 8:30 PM - 10:00 PM |
| Wednesday | BJJ Kids (4-7 years) | 6:00 PM - 6:30 PM  |
| Wednesday | BJJ Kids (8-13)      | 6:30 PM - 7:15 PM  |
| Wednesday | BJJ                  | 7:15 PM - 8:30 PM  |
| Wednesday | MMA                  | 8:30 PM - 10:00 PM |
| Friday    | Conditioning         | 5:00 PM - 6:00 PM  |
| Saturday  | Open Mat             | 10:00 AM           |

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